

[Home](#)

[Haus Tao](#)

[Events](#)

[Teachers](#)

[Meditation Groups](#)

[Haus Tao](#)



Meditation Center of the Sati-Zen-Sangha

Haus Tao is a Buddhist meditation-, retreat- and study center of the Sati-Zen-Sangha.

Founded in 1986 by Dharmacharya Marcel Geisser, the center is situated in the northeast of Switzerland, 1½ hours from Zurich, close to the junction of the German and Austrian borders.

Haus Tao is open throughout the year, offering a basic meditation and training schedule. The quiet and serenity of the house amid the natural beauty of the surrounding valley lend it a unique quality and spiritual atmosphere, including the joy of meditating to the sounds of the nearby brook and plentiful bird life.

The house can accommodate up to 20 persons under the auspices of residential Dharma teacher Marcel Geisser. The schedule offers several retreats per year as well as a three-year Buddhist study and practice program offering participants the opportunity to integrate knowledge and personal growth.



Zen-Garden Haus Tao

"Haus Tao" offers a wide range of retreats and possibilities of development. The Sati-Zen-Sangha (Zen community of mindfulness) unites the traditional practice of mindfulness (Vipassana) with the non-dualistic view of Zen and emphasizes its realization in everyday life. Because of its specific character it cannot easily be compared with other Zen traditions.



Zen-Garden Haus Tao

The Teaching

The Buddhist training of mind and heart has never lost its universal validity. Buddha taught nothing but the fundamental laws of life and showed a way how we can bring our human potential to utmost development and thus use it to the good of all beings. Connecting the 2600 year old teaching of Buddha with the Western social and humanitarian achievements of our time offers new possibilities and brings about new challenges. The Sati-Zen-Sangha strives for a modern adaptation of ritual forms without altering the essence of Buddhist teaching.

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