

Meditation Groups



Haus Tao Meditation Group Linz, Austria

Place: Honauerstrasse 20, 4020 Linz
Time: Every Thursday 19.00 - 21.00 h
Opening: 18.50 h

Meditation cushions are available.

Program of the evenings:

3 sessions of 25 minutes of sitting meditation with about 10 minutes walking in between, completed by recitations and reading of short texts.

Newcomers:

Newcomers are welcome at any time. Anyhow, we aks you to get in contact with us before.

Inquiries/contact:

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Cost:

Donations (recommendation: € 5 per evening for the room).



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