

Meditation Groups



Haus Tao Meditation Group Wettingen

There are two groups now in Wettingen, one on Monday, one on Friday

Friday Group

Place: Schönaustrasse 25, in Wettingen (at "ZEKA")

Busstop „Kantonsschule“, Bus 1,3,4,7),

Time: Dienstag um 19.15 Uhr,

Please bring your meditation cushion with you.

To join a meditation group does not mean you have to accept their teaching. But we feel that meditating together with other people supports our practice. Our teacher Marcel Geisser says: "It is wonderful to be together with people who go the same way and to whom we need not explain everything."

Newcomers:

New members are welcome at any time, whether they are beginners or advanced!

Cost:

We thank the Reformierte Kirchgemeinde for letting us use the room free of charge. Our members pay a yearly fee of sfr.5 per evening. At the end of the year we give the money to charity in our region.

Inquiries/contact:

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Michael Siegrist Tel. 079 391 74 85 E-Mail: msiegrist@hispeed.ch

Friday Group

Place: Reformiertes Kirchgemeindehaus, Etzelstrasse 22, 5430 Wettingen

Time: every Friday starting at 20.00 h (except during school and other holidays)

Opening at: 19.40

Please bring your meditation cushion with you.

To join a meditation group does not mean you have to accept their teaching. But we feel that meditating together with other people supports our practice. Our teacher Marcel Geisser says: "It is wonderful to be together with people who go the same way and to whom we need not explain everything."

Newcomers:

New members are welcome at any time, whether they are beginners or advanced!

Cost:

We thank the Reformierte Kirchgemeinde for letting us use the room free of charge. Our members pay a yearly fee of sfr.200, or sfr.5 per evening. At the end of the year we give the money to charity in our region.

Inquiries/contact:

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