

Meditation Groups



Regional meditation groups

The definition “Haus Tao Meditation Group” is a guarantee for practice in the manner of the **Sati-Zen-Sangha**.

“Haus Tao” is in direct contact with the following groups. We support them regularly with visits and/or public lectures at their place. The people in charge of them regularly take part in our retreats and are able to communicate the spirit of the Sati-Zen-Practice.

Zürich

Time: Every Monday 19.00 - 20.00 h

Place: Yoga Kurszentrum, Mainaustrasse 45, 8008 Zurich

For further information see: [Zürich](#)

Wettingen

Time: Every Friday starting at 20.00 h

Place: Reformiertes Kirchgemeindehaus, Etzelstrasse 22, 5430 Wettingen

For further information see: [Wettingen](#)

Mönchsdeggingen, Germany, Branch Temple An Tao

Time: Every Tuesday 19.30 - 20.45 h

Place: Schreinerei Kraler, Hochweg 2, 86751 Mönchsdeggingen

For further Information see: [Mönchsdeggingen](#)

Linz, Austria

Time: Every Thursday 19.00 - 21.00 h

Place: Honauerstrasse 20, 4020 Linz

For further information see: [Linz](#)



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